Write the sprint charter

Test one career uncertainty within a realistic time and cost cap. Keep confidential work, personal contact details, and identifiable client information out of this tracker.

Target role, setting, activity, and hypothesis

What carries from your portfolio? What resets?

Question to test; evidence that would change your mind

Time / cost cap, existing obligations, and stop conditions

Field perspectives to seek; accessible alternative sources

Day-30 decision date; first action and due date

Record the field evidence

Record what changed your thinking. Label simulations and distinguish compliments from specific feedback. Use role labels rather than personal identifiers.

Date / role	Question / test	Observation	Interpretation / doubt	Next action

Bounded contribution: recipient, scope, output, deadline, permitted data

Work sample: critique received, revision made, permission to share

Decide on day 30

Review capability, demand, and fit separately. A sprint produces learning, not a hiring guarantee. Continue only if the next test addresses a real uncertainty.

Capability: what can you demonstrate, and what is still missing?

Demand: who finds the work useful; access or credential constraints

Fit: daily work, energy, wellbeing, obligations, and tradeoffs

Contradictory evidence, weak signals, and unresolved questions

Continue / revise / stop or pause: decision and rationale

Next bounded test, budget, owner, and review date